

# Women's History Profile - Cristen Rose

By

Today we would like to highlight Cristen Rose, a member of our Regulatory Law, Litigation and Insurance Recovery groups. She handles cases from environmental law to commercial litigation, product liability to false advertising...and that is just a glimpse of her expertise.

Oh yeah, she also practices circus arts in her free time! Read her profile below to learn more about her experience as a powerful female attorney.



**Cristen  
Rose**

**Principal**

## How do you feel empowered at Paley Rothman?

Paley Rothman recognizes that having lawyers and employees who feel fulfilled in their lives – both professional and personal – is important to having a strong workforce. Firm leaders talk openly about, and take pride in, the importance of family in their lives. When I started working at the firm about seven years ago, I was struck by how people I passed in the hallways seemed generally happy with their jobs and being at work.

## What influenced you to pursue a career in the legal field?

I remember being interested in law from a very young age. I have always been a Constitutional Nerd™ who was fascinated by our form of government, how it was formed and how it differs from other systems. My desire to practice law grew out of that and was solidified when I took a year to enroll at the London School of Economics and Political Science to study European systems of government.

## What is your favorite thing to do outside of work?

I enjoy being active outside with my family. I also dabble in the circus arts, and set up an aerial rig in my backyard so that I can blow off steam by spinning around, upside down about 15 feet off the ground.

## What is your advice to women who may lack confidence in their careers because of the stereotypes of women?

Early in my career, I decided to accept the fact that I sometimes may have to work harder and be more prepared than others with intrinsic advantages that I did not have. Confidence sometimes can be more of a challenge for women if they are deprived of opportunities they deserve. This makes it all the more important that you do the work you need to do in order to be confident in the value you add. If you work hard and are consistent in your approach, the opportunities will come.

